



# International Society of Hypertension

## Hypertension News

March 2009 - Opus 18

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Dear Colleagues,

**Full speed ahead!** It is now almost nine months since Tony Heagerty took over as President of the ISH, and I am impressed by the increased level of activity in our Society. Some examples:

(i) **The ISH Research Foundation** has been

established, and we will update you on this in the next issue of Hypertension News, due out in June.

(ii) The **ISH Teaching** in Asia, Africa, and South America together with the respective national society of hypertension, is going very well indeed. It involves about a dozen countries this year.

(iii) The "**ISH Call to Action**" activity will continue together with the WHO and the Lancet and a joint meeting sponsored by these three organisations is planned for September 2010.

(iv) A **new report** on the health economy of high blood pressure is on its way out in the Journal of Hypertension. It is based on a report to ISH written by Tom Gaziano at Harvard.

(v) The **ISH membership** is now back at where it was before we took some 300 non-paying members off the list in 2006 and the Society has 14 corporate members, a high number if you consider the financial situation worldwide. Finally,

(vi) The planning of the **ISH meeting in Vancouver 2010** is going very well and in this issue of Hypertension News you will find a first report from the organisers. Vancouver is a fantastic place! The congress centre is at the water front, right in the middle of the city with lots of hotel rooms within 10 minutes by foot. Dr. Rabkin and co-workers have promised us an exciting scientific programme! My advice is: **Mark 26-30 September 2010 for Vancouver in your diary.** You will not regret it!

With best wishes.

**LARS H. LINDHOLM**  
EDITOR HYPERTENSION NEWS



### REPORT FROM THE PRESIDENT OF THE ISH

These are exciting times for the ISH as we press forward our Agenda in Research and Education aiming also to be globally inclusive.

Since I last wrote in Hypertension News, the Executive Committee has agreed a number of initiatives and I am pleased to report progress on some of these.



#### 1. ISH Research Foundation

**Dr John Hall** has been leading on this and I am delighted to report that in January the Executive Committee agreed his outlines for terms of reference for our Research Foundation.

The programme will support the training of postdoctoral sciences from Middle and Low Income countries in the formative stages of their careers so that they can conduct clinical, epidemiology/ population science or outcomes research and will provide individuals with a period of mentored research as part of a collaboration between the scholar and the sponsor at an established research institution.

Further news and details of the scheme will be published on our website very shortly and an advertisement will appear in the May issue of the Journal of Hypertension. The deadline for applications is **1<sup>st</sup> November 2009.**

Needless to say the Society is extremely excited about beginning to fulfil its mission to support research into hypertension worldwide.

*continued.....*



## 2. Membership

**Dr Rhian Touyz** has been leading on this and I am delighted to report that membership of our Society has reached nearly 800 from across the globe and representing all regions. This means that we have a closely knit community which can be accessed electronically in terms of providing collaborative links and communications from an educational and research perspective.



Professor Stephen Harrap and Professor John Chalmers have taken our membership further in terms of establishing an **International Forum** which now boasts 74 countries and this again means that we can reach out across the world in terms of exchanging information and intelligence both about the clinical management of hypertension as well as researching this complex disorder.

## 3. Education

Our teaching activities are extending further across the world. **Professor Robert Fagard** who is the Chair of our Educational Programmes has scheduled further meetings in sub-Saharan Africa in the next two years and in addition in 2009 the ISH will be sending Teaching Faculties to ten countries around the world to educate in terms of hypertension management and best practice and the implementation of guidelines. Countries include: Taiwan, China, Venezuela, Mexico, Guatemala, Chile, Argentina, Brazil, Peru and Korea.



## 4. Call to Action

There is a very real need to highlight the impending epidemic of cardiovascular disease which will engulf Middle and Low Income countries in the next two decades unless action is urgently taken.

I am delighted to report that in collaboration with the **WHO** and **The Lancet**, the ISH will hold a **Summit** in 2009 to address this issue during the activities around the September Vancouver 2010 ISH Meeting.

To this we shall invite politicians and healthcare professionals that influence policy within a variety of Middle and Low Income countries to come together to develop a consensus document which will hopefully shape the way that preventing cardiovascular disease from taking a hold in such countries is implemented.

Finally, these are exciting times for the ISH and as I have intimated above we wish to be an inclusive Society.

If any members would like to join Teaching Faculties or be involved further in any of the other activities listed above, or if you want further information about them, please contact our Secretariat via email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com).

We would welcome your participation.

With best wishes,

**AM HEAGERTY**  
**ISH PRESIDENT**





Join us in Vancouver,  
Canada for ISH 2010

The 23rd Scientific Meeting (ISH 2010) to be held from 26<sup>th</sup> - 30<sup>th</sup> September 2010 in beautiful Vancouver, Canada promises to be an exciting and rewarding event.

The theme of the 2010 Meeting is **Global Cardiovascular Risk Reduction**. The meeting will deal with the newest information in the field of hypertension and will also focus on the other major risk factors for cardiovascular disease. Future perspectives, new research, treatment and prevention will be showcased through the Scientific Program covering four days of invited plenary talks and oral and poster presentations. Keynote speakers will include pioneers and leading investigators in the fields of cardiovascular, renal, and metabolic health.

The Meeting will also include Industry and Investigator-initiated Symposia held before and after the Scientific Program at various locations in Vancouver and across Canada.

Three major tracts will be:

- **Basic Science**
- **Clinical**
- **Population Health / Public Policy**

The target audience includes basic scientists, clinicians, nurses, dieticians, population health and public policy specialists as well as all individuals interested in cardiovascular health.

The objectives of the meeting are to provide the most up to date information from leading experts around the world. The meeting will feature small group ('How to') sessions within each theme including new techniques and methods in basic research, patient assessment and management as well as assessing and implementing population health and health policy. Translation scientific sessions will provide a learning opportunity for new concepts in hypertension, obesity, diabetes mellitus, lipid disorders, cardiac arrhythmias (atrial fibrillation), heart failure, renal disease, stroke and other conditions to be translated from the sphere of basic science to clinical medicine and to population health/public policy.



The meeting will provide a forum for scientific exchange, global interaction and global initiatives with the objective of a legacy of new initiatives in Global Cardiovascular Risk Reduction.

With support from the **Canadian Hypertension Society, Asia Pacific Society of Hypertension, Inter-American Society of Hypertension, the World Hypertension League and the Chinese Hypertension League**, and a growing number of other affiliated Societies, we believe ISH 2010 will attract a large number of participants from around the globe making it the major meeting on hypertension and other cardiovascular risk factors in 2010.

## ABSTRACTS

ISH 2010 will begin accepting abstracts in **June 2009**.

Early decisions on acceptance of abstracts will give participants a longer lead time for visa applications. Late breaking novel basic science and clinical trials will showcase important new research.

Major topic areas will include:

- ❖ **Basic Cardiovascular Sciences**
- ❖ **Cerebrovascular Diseases**
- ❖ **Community Care**
- ❖ **Devices**
- ❖ **Diabetes Mellitus**
- ❖ **Drug Discovery**
- ❖ **Genetics**
- ❖ **Health Care Delivery**
- ❖ **Heart Diseases**
- ❖ **Imaging**
- ❖ **Lipids & Atherosclerosis**
- ❖ **Nutrition**
- ❖ **Obesity**
- ❖ **Public Health & Health Policy**
- ❖ **Renovascular Diseases**
- ❖ **Thromboembolism**
- ❖ **Vascular Diseases**



## Initial 2010 Scientific Program Committee

Bradford Berk, USA  
 Cheryl Dennison, USA  
 Kim Elmslie, Canada  
 Guido Grassi, Italy  
 Vladimir Hachinski, Canada  
 Steven Haffner, USA  
 John Hall, USA  
 Stephen Harrap, Australia  
 David Harrison, USA  
 Jacquelyn Jayasinghe, Canada  
 Daniel Lemogoum, Cameroon  
 Liu Lisheng, China  
 Wael Al Mahmeed, United Arab of Emirates  
 Shanthi Mendis, Switzerland  
 Carlos J Pirola, Argentina  
 Neil Poulter, United Kingdom  
 Rhian Touyz, Canada  
 Thomas Unger, Germany  
 Corliee Watters, Canada

## ALASKA CRUISE SYMPOSIUM

The Organizing Committee is planning a Symposium onboard an Alaska Cruise the week prior to ISH 2010.

Make sure to keep the dates of September 19 - 26,

2010 free for this once in a lifetime opportunity! The cruise will offer world class science, glaciers, wildlife viewing, great food, and entertainment. Enjoy the spectacular scenery of the Inside Passage; snow-capped mountains, picturesque lighthouses, killer whales, sea lions and porpoises, with stops at charming port towns for activities and shopping.



## PROPOSED ISH/WHO/LANCET SUMMIT

ISH 2010, WHO and the Lancet are in talks to hold a Summit at ISH 2010 to discuss priority needs for non-communicable disease prevention. Speakers would include leading politicians from governments/WHO/United Nations, and the papers would be published in a regular issue of the Lancet set aside exclusively for the meeting. Watch the ISH 2010 website for further details.

## SPONSORSHIP AND EXHIBITS

The ISH 2010 Organizing Committee welcomes **Boehringer Ingelheim** as the first Platinum Sponsor for ISH 2010.



The Committee would also like to thank the following companies who have provided Start-Up funding for ISH 2010: **Servier, Bayer, Merck Frosst, Takeda and Novartis**. Information on Sponsorship and Exhibit opportunities can be obtained by contacting the Meeting Secretariat (see contact details at the bottom of this article).

## SOCIAL PROGRAMS & OPTIONAL TOURS

There is a world to discover when you visit Vancouver - Spectacular by Nature, and Beautiful British Columbia. A variety of social events that showcase the diversity and richness of Canadian culture will be planned along with optional local and regional tours that will be available both pre and post ISH 2010. These tours will provide an opportunity to experience the natural beauty of Vancouver and the surrounding area. A sample of what may be on offer includes the following:

### Rocky Mountaineer Train:

Aboard the Rocky Mountaineer train, you will follow an historic train route from Vancouver to Calgary (return), enjoying the mountains, valleys, lakes, and rivers of BC and Alberta.



**Alaska Cruise:** Onboard a luxurious cruise liner sailing from Vancouver to Alaska, you will tour the Inside Passage and open waters of the Pacific, popular for



spectacular scenery, abundant wildlife, majestic glaciers, and First Nation cultures.



### Outdoor

**Adventures:** BC is home to a geographical diversity that lends itself to a vast array of adventures: surf the waves of Tofino, whitewater raft down the Fraser River, and enjoy horseback rides and fishing trips in the Chilcotin Valley ranches.



**Golf:** Try to keep your eye on the ball when you are playing golf in Vancouver, if you can. From views of the city to grand vistas of the ocean

and mountains, Vancouver golf courses are framed by majestic scenery and offer plenty of challenging play.

**Daily Tours:** Daily tours will include city sightseeing as well as day trips to Victoria on Vancouver Island (via Float Plane or onboard BC Ferries) and the ski resort of Whistler, home of the Winter Olympics in February 2010.



### MEETING VENUE

The hub for activity at ISH 2010 will take place in the newly expanded **Vancouver Convention and Exhibition Centre**, located in the heart of downtown

Vancouver. All official hotels are within a 20 minute walk of the Convention Centre. Vancouver is home to many luxurious, world famous hotels, as well as reasonably priced alternatives; many with views of the mountains and ocean. Online hotel reservations will be available in fall 2009.

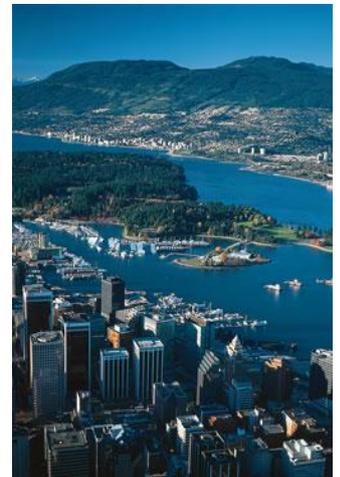


A unique architectural statement combined with a stunning waterfront setting, the Vancouver Convention and Exhibition Centre (VCEC) has been selected as the venue for ISH 2010.

The newly expanded VCEC has outdoor terraces cascading onto waterfront parkland and delegate concourses overlooking departing cruise ships. Enjoy panoramic views of Vancouver, Burrard Inlet and the North Shore mountains while attending the meeting or relaxing with colleagues during a break. All in a highly efficient integrated layout with state-of-the-art infrastructure.

### ABOUT VANCOUVER

Vancouver is a dynamic, multicultural city set in a spectacular natural environment. Based on the categories of ambience, friendliness, culture and sites, restaurants, lodging, and shopping, Vancouver is consistently voted as one of the top cities in the world. Vancouver is located on the mainland of North America in the south west corner of British Columbia on the Pacific Ocean, less than an hour from the United States border. As a visitor to Vancouver, you will find it spectacular, safe, and exciting!



Vancouver is also the site of the 2010 Winter Olympic Games. Attendees will be able to visit the sites and attractions they will see on TV during the Games.

### MORE INFORMATION

Please visit the ISH 2010 website ([www.vancouverhypertension2010.com](http://www.vancouverhypertension2010.com)) often leading up to the Meeting, as it will be updated regularly with information on the Program, Registration, Sponsors and the Exhibition. If you would like to be added to the email list to receive updates about ISH 2010, please send an email to [info@vancouverhypertension2010.com](mailto:info@vancouverhypertension2010.com)

### ISH 2010 Meeting Secretariat

Kazia Ekelund  
Tel: + 1 604-984-6455 Fax: +1 604-984-6434  
Email: [info@vancouverhypertension2010.com](mailto:info@vancouverhypertension2010.com)  
c/o: Sea to Sky Meeting Management Inc. Suite 206,  
201 Bewicke Avenue, North Vancouver, BC, Canada,  
V7M 3M7



## FORUM FEATURES

The Affiliated Societies of the ISH continue their active participation in the affairs of the Society through the ISH International Forum. Through regular contact with Affiliated Societies, the Forum provides an important focus for Affiliates' contributions on 4 major issues.

### 1. Growth in Membership of the ISH

With encouragement from the Presidents of National Societies, the ISH is recruiting new members. This provides those Societies with greater representation at an international level. This is especially important in attracting young researchers into the new category of membership of ISH Research Fellow.

### 2. Resource for Networking

The Forum, through the ISH web and Hypertension News publication, provides an infrastructure and resource means for networking between National Societies.

### 3. Support by Affiliated Societies for the Vancouver ISH meeting in 2010

Our National Societies now have resources (powerpoint slides and electronic images) to allow them to publicise this paramount event on the ISH calendar. Many are using their own National Society meetings to raise the profile of ISH Vancouver 2010.

### 4. Establishment of the ISH Research Foundation

On behalf of the Executive, John Hall has been deriving plans for the ISH Research Foundation. An important fact-finding exercise was to determine how research is being successfully supported at the national and regional levels. Our ISH Forum members responded generously through a questionnaire to requests for such information. Their contribution will ensure that plans for the ISH Research Foundation are in keeping with the needs of our constituents.

2009 will be another exciting year for the Forum, as we continue to develop new initiatives with the help and support of our Affiliated Societies.



**ISH Forum Officers**

John Chalmers   Stephen Harrap   Rhian Touyz

## NATIONAL SOCIETY UPDATES



**ISH**  
AFFILIATED  
SOCIETY

Please read on for updates from the following national societies of hypertension and high blood pressure councils (ISH Affiliated Societies):

- **AHA Council for High Blood Pressure Research**
- **Singapore Heart Foundation**
- **Singapore Hypertension Society**
- **Polish Society of Hypertension**
- **World Hypertension League**

**AHA  
COUNCIL FOR  
HIGH BLOOD  
PRESSURE  
RESEARCH**

**American Heart  
Association**   
*Learn and Live*

The mission of the American Heart Association's Council for High Blood Pressure Research (CHBPR) is "to foster excellence in high blood pressure research and education" and achieve the Association's objectives in the field of hypertension. Members support the Association's mission of "building healthier lives, free of cardiovascular diseases and stroke."

The Council is dedicated to promote the study, prevention and cure of hypertension and associated disorders by sponsoring an internationally renowned annual scientific conference and the Hypertension journal. Its activities are designed to encourage research and disseminate information. Its programs encourage scholarly research by both junior and senior investigators and its sponsored awards recognize excellence in the field of hypertension.

It is a Council of the American Heart Association with over 2,000 fellows who are basic scientists, physician scientists and practicing clinicians. The Council's annual international scientific conference presents state of the art basic and clinical hypertension research.



The fall conference presentations are published in the American Heart Association's journal, *Hypertension*. The Novartis Award for Hypertension Research, the most prestigious award in this field, is also presented at the conference, as are multiple other awards recognizing the outstanding Council members. Associated with the conference is a workshop designed to disseminate a focused scholarly update on a particular topic of interest to the Council members.

In addition, the society sponsors a Hypertension School for junior faculty and trainees to meet with and learn from senior members of the council through a five day intensive workshop. More information on the Council and its activities can be found at the Council website:

<http://www.americanheart.org/presenter.jhtml?identifier=1115>

The 2008 annual fall conference was held September 17 - 20 in Atlanta, Georgia. The topic of the workshop was on Novel Signaling Paradigms in Vascular and Renal Disease. Abstracts from the conference are published each year in the October issue of the AHA journal *Hypertension* and conference presentations are available through links from the conference website:

<http://www.americanheart.org/presenter.jhtml?identifier=3052237>

The current president of the Council is R. Clinton Webb, Ph.D, Professor and Chair of Physiology at the Medical College of Wisconsin. Dr. Webb is a recognized leader in the field of vascular research and has been an active member of the council for over 30 years. We are looking forward to his inspired leadership for the next two years.

The immediate past president of the council is Gabriel Navar, Ph.D., Professor and Chair of Physiology at Tulane University. Dr. Navar devoted considerable energy and imagination to the leadership of the council and helped it to grow to a record size and to undertake important new initiatives.

For current news and updates, the Council newsletter is found at:

<http://www.americanheart.org/presenter.jhtml?identifier=3004042>

**SINGAPORE  
HEART  
FOUNDATION**



**Singapore  
Heart  
Foundation**  
*Your Heart We Care*

The Singapore Heart Foundation (SHF), formerly known as the Singapore National Heart Association (SNHA), is a non-profit charitable organisation at the forefront of the battle against heart disease in Singapore. Since its inception in 1970, the Foundation has grown into a well-established and reputable organisation with local and international links.

With increased support from the public, the SHF continues to work towards its vision of becoming a leading heart health movement in the region and a household name in Singapore through educating and motivating the public, assisting those affected and supporting community-based research to better understand the landscape of heart disease in Singapore.

The SHF has funded research projects aimed at reducing disability and death from heart disease through understanding its nature and causes, as well as implementing effective public education and prevention programmes in the community.

Since 1999, the SHF has funded 30 clinical research projects. To date, some of the findings of these studies have been shared in 20 conferences and published in 4 journals.

Apart from assisting clinical research, SHF has also supported community-based research, such as the annual Heart Health Awareness Survey and the 2006 Go Red For Women Survey. The SHF has also initiated Action Research opportunities with schools through the following:

School Traffic Light System - the impact of coding food in the school canteen on the consumption of fruit and vegetables

Health Mapping Exercise - profiling the health status of residents living in rental flats and investigating service learning of students

Jump Rope for Heart - the relationship between skipping and childrens' gross motor skills

Family and Friends CPR Anytime Kit (a community pilot project) - the influence of a home CPR kit on skills application and attitudes towards learning and performing CPR

For more information on the SHF and its various programmes, please visit [www.myheart.org.sg](http://www.myheart.org.sg)



## SINGAPORE HYPERTENSION SOCIETY

The Singapore Hypertension Society (SHS) was formally inaugurated on 23 February 2002 by a group of physicians from various disciplines.

The founding President of the SHS was Dr Low Lip Ping. The mission of the Society is to promote awareness, prevention and optimal management of hypertension by public education, continuous medical education and research in hypertension. SHS works closely with other national societies in promoting a healthy lifestyle in the population.

The SHS is active in organizing hypertension-related scientific meetings and seminars regularly to advance the practice of hypertension management.

The Society is affiliated to the Asian Pacific Society of Hypertension and held the 3<sup>rd</sup> Asian Pacific Congress of Hypertension on 3 April 2004 with the support of the Singapore Heart Foundation, the Singapore Cardiac Society and the Singapore Society of Nephrology.

It also advocates research and publication of medical and scientific works on hypertension as well as promoting regional and international co-operation in the study of hypertension. It has held 2 annual scientific meetings. The SHS has also published two editions of National Guidelines on the Management of Hypertension.

### Contact:

Ms Stella Su (Executive Officer)  
Singapore Heart Foundation  
9 Bishan Place,  
#07-01 Junction 8 (Office Tower)  
Singapore 579837  
Tel: (65) 6354 9348 Fax: (65) 6258 5240

[www.Myheart.org.sg](http://www.Myheart.org.sg)



## POLISH SOCIETY OF HYPERTENSION

The Polish Society of Hypertension (PSH) was founded in 1987 within the Polish Society of Cardiology. The main initiative came from three centres (Warsaw, Cracow, Gdańsk) which for decades have conducted extensive studies of epidemiology, pathology, complications and management of arterial hypertension.



Prof Zbigniew Gaciong  
President,  
Polish Society of Hypertension

The aims of the Society are research, education and development of guidelines to improve effective control of hypertension in Poland. In 1987 the PSH became a member of the World Hypertension League and ESH. From the initial 47 members, the Society's membership has grown to more than 1,000, not only physicians, but also other health professionals and scientists with an interest in hypertension.

The first Scientific Meeting of the PSH took place in 1989 and since then the meetings are organized every two years, and include a general assembly of the members and election of a new President and Board of the Society. Moreover, in collaboration with other Polish scientific societies, the PSH organizes sessions concerning hypertension during their meetings. Between 1995 and 2006 the PSH arranged seven satellite symposia of the ESH Scientific Meetings.

The official journal 'Arterial Hypertension' has been published bimonthly since 1997 and in collaboration with the Society's Board, an annual educational conference is organised.

The PSH website ([www.nadcisnienietetnicze.pl](http://www.nadcisnienietetnicze.pl)) provides information about ongoing and planned activities for members and educational information for patients. Forty three members of the PSH are the ESH Specialists in Clinical Hypertension. The medical subspecialty of hypertension was established in 2003. There are 16 centers accredited to supervise the process of specialization with 100 posts in total.

The Society maintains registries of essential and secondary hypertension in Poland, organizes postgraduate courses for physicians and many educational activities for patients. The members take an active part in publicizing the problem of hypertension in national radio and television programs.



## World Hypertension League (WHL)

World Hypertension League (WHL) was established on January 4, 1984 and currently has 83 national member organizations. Regular membership is granted to only one national origination per country. Individual membership is not possible. The WHL covers a population of more than three billion people worldwide.

The objective of the WHL is to promote the detection, control and prevention of arterial hypertension in populations. The WHL is a federation of leagues, societies, and other national bodies devoted to the above objective. The thrust of the WHL's action is in liaison with the member organizations, promoting the exchange of information among them, and offering internationally applicable methods and programs for hypertension control. Bringing together and stimulating organizations committed to the control of hypertension is the goal and *raison d'etre* of the WHL.

The WHL is a division of the International Society of Hypertension (ISH) and is in contact with other major hypertension societies and it enjoys an official relationship with the World Health Organization (WHO).

A major activity of WHL is World Hypertension Day celebrated on May 17<sup>th</sup> every year in all member countries around the world. Other activities include the WHL International Art Competition, Patient Education Project and a Newsletter that is distributed six times/year in multiple languages to nearly 50,000 people worldwide.

The current President of WHL is **Professor Liu Lisheng**, from Beijing, People's Republic of China and the Secretary General is **Professor Arun Chockalingam** from Simon Fraser University, Vancouver, Canada.



### World Hypertension League Board

*(From left to right):*

Anja Kroke, Peter Sleight,  
Arun Chockalingam, M. Mohsen Ibrahim,  
Liu Lisheng, Detlev Ganten, George Fodor,  
Jörg Pöttsch, Patrick J. Mulrow, L. Beilin.

Missing from the picture:

Lars. H. Lindholm, Tony Heagerty,  
Graham MacGregor and Alfredo Duenas

The WHL headquarters is located at the office of the Secretary General and the contact details are:

WHL  
C/O Faculty of Health Sciences  
Simon Fraser University  
Blusson Hall - 11016  
8888 University Drive  
Burnaby, BC V5A 1S6, Canada  
Tel: +1 778-782-6952  
Fax: +1 778-782-5927  
Email: whlsec@sfu.ca  
Website: <http://www.worldhypertensionleague.org/>

**WHL will be celebrating its 25<sup>th</sup> Anniversary and will coincide with an International Seminar jointly with Chinese Hypertension League in Beijing, Oct 29 - Nov 1, 2009:**

**[www.worldhypertension2009.com](http://www.worldhypertension2009.com)**



## CONFERENCE REPORT

by Trefor Morgan



### 7<sup>th</sup> Meeting of the Asian-Pacific Society of Hypertension

19<sup>th</sup> - 22<sup>nd</sup> February 2009  
Kuala Lumpur, Malaysia

The first meeting of APSH was held 10 years ago in Indonesia and the Society has expanded and developed in strength since that time. This 7<sup>th</sup> meeting was held in Malaysia and was attended by over 1,300 registrants and more than 50% were from outside Malaysia. The attendees were welcomed by the Malaysian Minister of Health, followed by an interesting cultural display and reception.



The scientific meeting occupied three days and was a blend of Plenary lectures, Symposia and Free Communications. There were a number of speakers from Europe and the Americas but increasingly the majority of speakers are coming from the Asian Pacific region.

Professor Yutka Imai from Japan gave the first invited Lectureship of the Society which on this occasion was to honour Professor Arakawa and Professor Johnston who were founding Trustees of the Society and without whose guidance the Society would not have prospered.

Professor Bryan Williams from the UK and Professor Thomas Unger from Germany were initially invited to give other talks, but as they were present, an interesting debate was held related to the topic that ACE Inhibitors have effects over and above blood

pressure control. There was general agreement that other effects of ACEI and ARBs can be demonstrated but the evidence that these translate into clinical effects is far from convincing.

The plenary lectures were on a variety of topics and covered many aspects of hypertension. A major symposium was on the importance of Sleep Blood Pressure which was appropriate as much of the evidence for this has come from this region.

In addition to the scientific program excellently organized under the guidance of Kalid Yusoff, there were a number of Luncheon Symposia supported by the Pharmaceutical Industry which presented new data on a number of clinical trials to which this region now makes major contributions.

The Malaysian Hypertension Society drafted The Kuala Lumpur Declaration which was supported by the Trustees and the Meeting and calls for Action by doctors, governments and the community to reduce the incidence of hypertension, to detect hypertension and to ensure that appropriate treatment is made available at an affordable cost. During the meeting some of the ways that these goals can be met were discussed. However the Declaration needs to be endorsed and taken to the individual Governments by the Member Societies.

The 7<sup>th</sup> Meeting of the Asian Pacific Society was a great success and the 8<sup>th</sup> meeting will be held in Taipei, Taiwan in November 2011. This meeting promises to continue the success of the previous meeting and we extend an invitation for doctors from Europe, The Americas and Africa to attend.



**Trefor Morgan**





## Upcoming Meetings

### 2009

**16<sup>th</sup> - 18<sup>th</sup> April 2009, Bratislava, Slovakia**  
XXIVth Congress of the Slovak Society of Hypertension  
<http://www.slovenskahypertenzia.sk/>

**6<sup>th</sup> - 9<sup>th</sup> May 2009, San Francisco, USA**  
2009 Annual Meeting of AHA  
[www.ash-us.org](http://www.ash-us.org)

**6<sup>th</sup> - 9<sup>th</sup> May 2009, Amsterdam, The Netherlands**  
The 17<sup>th</sup> European Congress on Obesity  
<http://www.easo.org/eco2009>

**17<sup>th</sup> May 2009**  
World Hypertension Day  
[www.worldhypertensionleague.org](http://www.worldhypertensionleague.org)

**30<sup>th</sup> May - 2<sup>nd</sup> June, Nice, France**  
European Society of Cardiology - Heart Failure 2009  
<http://www.escardio.org/congresses/HF2009/scientific/Pages/scientific.aspx>

**12<sup>th</sup> - 16<sup>th</sup> June 2009, Milan, Italy**  
19<sup>th</sup> European Meeting on Hypertension  
[www.esh2009.com](http://www.esh2009.com)

**5<sup>th</sup> - 8<sup>th</sup> August 2009, Belo Horizonte, MG, Brazil**  
XVII Meeting of the Brazilian Society of Hypertension  
[www.sbh.org.br/iash2009](http://www.sbh.org.br/iash2009)

**9<sup>th</sup> - 12<sup>th</sup> September 2009, Montreal, Canada**  
ET-11: The American Physiological Society  
International Conference on Endothelin  
<http://www.the-aps.org/meetings/aps/ET11Montreal/index.htm>

**10<sup>th</sup> - 12<sup>th</sup> September 2009, Cambridge, UK**  
Artery 9  
[www.artery.uk.net](http://www.artery.uk.net)

**1<sup>st</sup> - 3<sup>rd</sup> October 2009, Otsu, Japan**  
Japanese Society of Hypertension Annual Meeting  
[www.jpnh.org](http://www.jpnh.org)

**29<sup>th</sup> October - 1<sup>st</sup> November 2009, Beijing, China**  
World Hypertension Congress  
[www.worldhypertension2009.com](http://www.worldhypertension2009.com)

**10<sup>th</sup> - 12<sup>th</sup> December 2009, Valencia, Spain**  
2<sup>nd</sup> International Conference on Fixed Combination in  
the Treatment of Hypertension, Dyslipidemia &  
Diabetes Mellitus  
[www.paragon-conventions.com/fixed09](http://www.paragon-conventions.com/fixed09)

### 2010

**25<sup>th</sup> - 28<sup>th</sup> February 2010, Valencia, Spain**  
Early Disease Detection and Prevention Conference  
(EDDP)  
<http://www.paragon-conventions.com/eddp2010>

**18 - 22 June 2010, Oslo, Norway**  
20<sup>th</sup> European Meeting on Hypertension  
[www.eshonline.org](http://www.eshonline.org)

## ISH FUTURE BIENNIAL MEETINGS

### 2010

**26<sup>th</sup> - 30<sup>th</sup>  
September 2010**

**Vancouver,  
Canada**



### 2012

**30<sup>th</sup> September -  
2<sup>nd</sup> October 2012  
Sydney  
Australia**



### 2014

**14<sup>th</sup> - 19<sup>th</sup> June 2014  
Athens, Greece**



### 2016

**Seoul, Korea**

# ISH



## General Society Information

### MEMBERSHIP

If you have not yet renewed your ISH membership for 2009 now is the time to do so to ensure you continue to receive copies of the *Journal of Hypertension*.

Payment can be made on-line by visiting the membership section of [www.ish-world.com](http://www.ish-world.com). Alternatively, please contact the Secretariat to receive a payment form. (Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com))

We would like to take this opportunity to remind you of the Society's Constitution concerning Membership.

*"Members shall pay annual dues in the amount and within the time period determined by the Executive Committee. Membership shall automatically cease upon failure to pay the annual subscription fee for two consecutive years."*

### MEMBERS ONLY AREA OF THE WEBSITE

You may like view the Members Area of the website in order to view the following information.

- Past copies of the ISH Newsletter
- Minutes of Society meetings (Council and AGM)
- A list of ISH Members with contact details
- Access to the *Journal of Hypertension* for those who are eligible for free online access. This free online access is available for new members (since 2006) who reside or work in one of the resource poor countries, zones and territories defined by HINARI or in South Africa.

To access these pages you are required to register using your membership number, email address and a password of your choice. If you do not know your membership number, please contact the Secretariat. (Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com))

### Member contact details

Please remember to update the Secretariat with your change of contact details, especially your email address. (Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com))

### RECRUIT NEW MEMBERS

We would welcome your assistance to help us recruit new members to the Society. The Society welcomes applications for membership from individuals working in the field of hypertension and cardiovascular disease.

If you have a colleague who would like to become a member of ISH please ask them to complete the downloadable Application Form that can be found in the Membership section of the Society's website: [www.ish-world.com](http://www.ish-world.com). Applications must also be accompanied by:

1. A written statement by two members of the Society as to the qualifications of the nominee (names of regional/national members can be provided by the Secretariat)
2. A list of the nominee's academic degrees, professional positions (a short CV)
3. A list of the nominee's five best and five most recent publications relating to hypertension or allied fields.

Nominations are initially considered by the Membership Committee and ultimately approved by the Society at its Biennial Scientific Meetings.

### ISH RESEARCH FELLOWSHIP

The Research Fellowship is a distinct initiative of the ISH. It represents a special category for the Society, designed to attract and support research students who are working in a field relevant to hypertension.



Tenure as an ISH Research Fellow is for the period of enrolment as a research higher degree (e.g. PhD) student, which must be confirmed annually. It is anticipated that upon graduation, Research Fellows will join as full members and enjoy all the benefits of the ISH.

For further information on the Research Fellowship please contact the Secretariat. (Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com))



## ISH CORPORATE MEMBERS

The ISH would like to acknowledge the support of our Corporate Members:



Mitsubishi Tanabe Pharma Corporation



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Email: [secretariat@ish-world.com](mailto:secretariat@ish-world.com)  
Website: [www.ish-world.com](http://www.ish-world.com)